

Smooth Savoy Swing Workshop!

January 26-29, 2012

Andrew Sutton Returns to Hilo!

Experience his unique, innovative and enjoyable instruction style
Beginners welcome! Partners welcome but not essential.

Thursday, Jan. 26 @ Church of the Holy Cross Lounge, 440 W. Lanikaula St., Hilo

7:00 p.m. - 9:00 p.m. -- Dancing the Blues

Friday, Jan. 27 @ Island Dance Academy, 27 Haili St., Hilo

8:00 p.m. - 9:30 p.m. -- Fusion 101

Saturday, Jan. 28 @ Hilo Elks Lodge, 150 Kinoole Street, Hilo

10:30 a.m.-11:00 a.m. -- Registration and Videos

11:00 a.m. - 1:30 p.m. -- Beauty of Doing Nothing *and* Charleston & Rhythm Variations

1:30 p.m. - 2:30 p.m. -- lunch break (bring food to share, or go out if you prefer)

2:30 p.m. - 5:00 p.m. -- Dips & Tricks: Leg Leads *and* Musicality: It Tain't Whatcha Do...

7:00 p.m. - ??? p.m. -- DANCE PARTY at Don's house; potluck; please kokua the tip jar...

Sunday, Jan. 29 @ Hilo Elks Lodge, 150 Kinoole Street, Hilo

12:00 noon - 2:30 p.m. -- Non-Evil Arm Leads & Arm Follows *and* Things That Make Your Partner Go Mmmmm...

2:30 p.m. - 3:00 p.m. -- break (bring snacks to share)

3:00 p.m. - 5:30 p.m. -- Creating a Story: Choreographing on the Fly *and* Contact Lindy

6:30 p.m. - ??? p.m. -- Chill at Andie's house with Andrew and the Hep Cats. Potluck, or we can order pizza...

What's so special about Andrew Sutton's workshops?

Andrew's workshops help all levels of dancers become better social dancers, including techniques that will improve everything from your Lindy Hop to your Blues & Balboa, or even your Salsa & Tango. Check him out at www.SmoothSavoy.com.

100% Guarantee!

If, at the end of the workshop, you aren't completely satisfied, Andrew will personally refund you the entire workshop price!

Classes are appropriate for all levels of dancers. Andrew's Fusion material is very different from what most instructors teach and yet applies to many styles of partner dancing.

The entire workshop is designed to interest advanced dancers (those who have had at least 4 of Andrew's full workshops already), but it goes at a pace which will enable beginners (those who've never learned from Andrew) to absorb the information and improve. As for intermediate dancers (those who have taken at least 2 of Andrew's full workshops), you'll definitely learn material you can apply immediately.

Class Descriptions

Dancing the Blues: This class shows cool ways to move you and your partner's bodies. You'll also learn to take some movements you already know and switch them up so they seem different.

Fusion 101: Fusion is a way of dancing (or thinking about dance) that is becoming very popular in the USA. This class will explain what Fusion is and show you how it can improve your dancing no matter what style of dance you do. Plus, most of Andrew's classes are built off of the concept of Fusion, so this will also give you a peek into the inner workings of Andrew's unique teaching style.

Beauty of Doing Nothing and Charleston & Rhythm Variations:

Most of us move more often than we need or mean to. "The Beauty of Doing Nothing" is designed to show you how doing less movement in your dancing will allow for so much more to happen!

Partnered Charleston is a blast; you don't need to have already learned Charleston to enjoy "Charleston and Rhythm Variations"! Andrew will give you some ideas on how to make your Charleston more interesting by adding both Rhythm and Lead changes in some old and new variations. Take 5 moves you know and turn them into 25 (or more) moves that fit the music even better than before and look better too! Follows, you will work on the 2 key techniques to following almost any Charleston variation as well as practice many different ways of adjusting your movements so you can easily recognize when your lead changes things up on you. There are some seriously cool things you can do with Charleston!

Dips & Tricks: Leg Leads and Musicality: It Tain't Whatcha Do:

Andrew loves all the cool things you can do with the legs while dancing and he is known as one of Lindy Hoppers who plays with and studies "Leg Leads" the most. This class will share the physics behind using the legs to lead/follow, as well as teach you how to lead and follow them so they are safe regardless of your partner's knowledge. Yes, follows, you will learn how to make them safe even if your lead doesn't perform them very well.

For "Musicality," instead of learning a new move that fits one style or section of the music, we will work on taking all the moves you know and making them fit any song you want them to, giving you an infinite palette of movements from as little or as many moves as you already know. Whether you are a beginner hearing about feeling the music for the first time or you are an advanced dancer always looking for new ways to become even more musical, this class will give you some fun and easy ways to improve your musicality at YOUR level.

Non-Evil Arm Leads & Arm Follows and Things That Make Your Partner go Mmmm...:

In Lindy, we learn to avoid "evil" arm leads. However, there are 9 different ways to move your arms forward or backward while dancing. This class teaches you how to recognize the different ways and choose the best one for each partner at each moment during the dance so you can have that amazing connection that is mostly only described in "mmm"s & "aaahh"s.

For the Follows, "Things that Make Your Partner go Mmmm" will teach several different "tricks" you can do to make the lead think you are incredibly creative and fun to dance with. For the Leads, this class will teach you how to be receptive to your partner and how to make up moves of your own on the spot by working with your follow and her movement. Plus, you will get loads of practice with your Non-Evil Arm Lead/Following. :-)

Creating a Story: Choreographing on the Fly and Contact Lindy:

Are you just putting random moves together when you dance or are you telling a whole story? Even during a social dance you can use concepts from choreography. In this class, you'll learn how to choreograph and create your own story on the fly for every dance.

The simple yet eye-opening concepts of Contact Lindy will allow you to be a follow, a lead, or both simultaneously! Contact Lindy is a collective dance created by Andrew, in which at any one moment you might be dancing solo, leading or following in a couple or with multiple partners, or even leading one partner while following another. Throughout each song, partnerships swap and change organically, allowing each individual to create spontaneous choreography with everyone in the room. As well as being a ton of fun, Contact Lindy uses and teaches a great deal of lead/follow technique that will improve your regular dancing as well as allow for the possibilities of this dance to grow exponentially with the dancers!

Questions? Contact Andie Gill at 959-8216 or hilohepcats@gmail.com.

Register Now for Discount Prices!

Thursday's Dancing the Blues at the Lounge: Same price preregistration or at the door:

\$15 general

\$10 students, off-islanders and full weekend workshop participants

\$5 if you've never taken a class from Andrew before

\$5 if you come for the social but not for the lesson

Friday's Fusion 101: Same price preregistration or at the door:

\$20 general

\$15 students, off-islanders and full weekend workshop participants

\$10 if you've never taken a class from Andrew before

Weekend Workshop: Serious early-bird discounts apply! (see preregistration discounts below)

Full workshop: \$160 at the door

Off-island dancers, full workshop: \$80 (limited to the first 2 leads & first 2 follows)

Students, full workshop: \$100

Per-class prices (half day): \$60 general, \$50 students/off-island dancers

EARLY BIRD DISCOUNTS FOR FULL WORKSHOP ONLY (Sat. +Sun. = 4 sessions)!

\$100 (you save \$60) for the first 5 Leads and first 5 Follows to register.

EXPIRES MONDAY, JANUARY 9, or when sold out

\$120 (you save \$40) for the next 5 Leads and next 5 Follows to register.

EXPIRES JANUARY 16, or when sold out.

\$140 (you save \$20) for the next 5 Leads and next 5 Follows to register.

EXPIRES JANUARY 23, or when sold out

PLEASE NOTE: We are unable to refund preregistered payments.
If you are unable to attend, you may send another student in your place.

Please preregister me for Smooth Savoy Swing!

Name(s): _____

Mailing Address: _____

City: _____ Zip: _____

Telephone (day): _____ (eve): _____

Email address: _____

I will be dancing as a (check one): ____ Lead, or a ____ Follow

Please refer to discount menu above! Circle the applicable price.

Blues (Thursday): ____ people x \$15 gen./\$10 stud.-full wkshp / \$5 1st time = _____

Fusion 101(Friday): ____ people x \$20 gen./\$15 stud.-full wkshp / \$10 1st time = _____

All 4 Sat/Sun sessions ____ people x \$160 @ door / \$80 off-island / \$100 students = _____

or, early bird discounts: ____ people x \$100 (Jan. 9)/\$120 (Jan. 16)/\$140 (Jan. 23) = _____

Or, select half day sessions:

Beauty of Doing Nothing/Charleston ____ people x \$60 gen./\$50 stud.-off-island = _____

Leg Leads / Musicality ____ people x \$60 gen./\$50 stud.-off-island = _____

Non-Evil Arms/Partner Go Mmm ____ people x \$60 gen./\$50 stud.-off-island = _____

Creating a Story/Contact Lindy ____ people x \$60 gen./\$50 stud.-off-island = _____

Total enclosed: \$ _____

Checks should be made out to "Andrea Gill" and mailed to Andrea Gill at 95 Hoaloha Street, Hilo 96720. To arrange payment in person, call Andie at 959-8216 or 315-5475.

Your qualification for the discounts will be based on the postmark or the date you pay in person. You will get confirmation that you qualify for the "first 5/next 5" discounts; please pay the advertised amount if registering by the cut-off date.

PRIVATE LESSONS

Andrew is available for a limited number of private lessons at \$150 per hour. For a small group private (5-10 people), the rate is \$40 per person for an hour or more (larger groups may take up to 2 hours). Small group privates are very interactive and everyone will get something personal to work on. Please reserve your private lesson through Andie.