

The Hilo Hep Cats present:

# Midsummer Swing with Kevin and Anna

A Lindyhop and Blues workshop featuring Anna Whitmire and Kevin Clark

## July 22-25, 2010

Thursday, July 22 Class at "The Lounge" at The Church of the Holy Cross, 440 W Lanikaula Street, Hilo  
7:00 p.m. - 8:00 p.m. "Blues Essentials"  
8:00 p.m. - 9:00 p.m. Dj'd Dance (free if you took the class; otherwise \$5 general, \$3 students)

Friday, July 23 Classes at Island Dance Academy, 27 Haili St., across from Palace Theatre in downtown Hilo  
7:30 p.m. - 8:30 p.m. "Jam Circles I"  
8:30 p.m. - 9:30 p.m. "Jam Circles II"  
Social TBA.

Saturday, July 24 Classes at Center Stage Dance Studio, 104 Keawe Street (Next to Bears Coffee)  
1:00 p.m. - 2:00 p.m. "The Swingout"  
2:00 p.m. - 3:00 p.m. "Ten Moves to Take Home"  
3:30 p.m. - 4:30 p.m. "Stretching the Connection"  
4:30 p.m. - 5:30 p.m. "Turning Up Trouble"  
8:00 p.m. - 11:00 p.m. Social dance TBA

Sunday, July 25 Classes at Center Stage Dance Studio, 104 Keawe Street (Next to Bears Coffee)  
10:00 a.m. - 11:00 a.m. "Artistry in Rhythm"  
11:00 a.m. - 12:00 p.m. "Personality and Musicality"  
LUNCH BREAK We recommend bringing lunch for yourself or potluck to share.  
1:00 p.m. - 2:00 p.m. "Blues Breathing"  
2:00 p.m. - 3:00 p.m. "Blues Moves"  
3:30 p.m. - 4:30 p.m. "Making It Yours"  
4:20 p.m. - 5:30 p.m. "Awareness"  
Social TBA.

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### MEET YOUR INSTRUCTORS!

Kevin Clark has been dancing and performing for as long as he can remember, but his introduction to swing came in 2003. Lindy Hop quickly became his number one passion. He has since traveled extensively around the United States, honing his social and performance dance skills. He emphasizes the rhythm, the flow, and the energy of connection in his dancing and teaching. If you ask nicely, he might even do a tap number for you. He is particularly proud of his work with Groove Juice Special and their win in the Choreography Division at the Ultimate Lindy Hop Showdown 2009.

Anna Whitmire started swing dancing in 2000 in her hometown of Houston, Texas. Since then, her dancing has taken her dancing, teaching, and performing everywhere from Harlem to Hobart, Tasmania. Anna's recent competitive pursuits include 1st place at the Sacramento Jazz Festival 2006, 1st place in Jack & Jill at Lindy on the Rocks 2008, and participation in the team "Hot Mess" (1st place at Lindy on the Rocks 2008, 3rd place at ILHC 2008).

Together, Kevin and Anna balance precision and passion. Their strong technical foundation lays the groundwork for efficient basics, intricate moves, and powerful motion, while the playfulness in both their personalities tempers it all. Get ready to have some fun!

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### CLASS DESCRIPTIONS

Dancers new to Blues should take Thursday's class to be prepared for the Sunday blues classes. Dancers new to Lindy should start with Saturday's swingout class; a beginner who takes all Saturday's Lindy classes should be able to enjoy the Sunday morning Lindy classes. The Friday Lindy jam circles classes are for lindyhoppers confident in their swingouts and able to handle uptempo dancing.

#### Thursday (July 22)

**Blues Essentials** (beginner): This class will provide an understanding of the most basic moves and connection involved in blues dancing. It is a great warm-up for the weekend.

#### Friday (July 23)

**Jam Circles I** (intermediate): Entering into a jam circle is one of the most exhilarating and rewarding experiences a dancer can have. The fast-paced music combined with the focused, cheering crowd can be nearly intoxicating. In this first class we will introduce the phrasing, etiquette, and basic format of a dancer's time in the jam circle. We will also explore how, why and when they form.

**Jam Circles II** (intermediate): Jam circles generally form to faster music, and the ability to keep up is half the fun. We will focus on honing fast-lindy skills so that when the going gets fast, the dancers get going.

Saturday (July 24)

**The Swingout** (beginner): If you are brand new to swing dancing, this class is essential for you. The swingout is the lindyhop basic, requiring 8-counts and providing a framework from which all other lindyhop moves stem. If you are an experienced dancer, we encourage you to attend, as you can never get enough of the basics.

**Ten Moves to take home** (beginner): This class consists of a selection of moves designed to expand your movement horizons and improve your overall technique. For the beginner, these moves will serve as an excellent emergency arsenal for your first few times out on the dance floor. For the intermediate, these moves each have an alternate "higher level" version which will blow your mind.

**Stretching the Connection** (beginner-intermediate): Being able to communicate non-verbally with your dance partner is a skill that, when honed properly, provides you with unlimited possibilities on the dance floor. In this class we will focus on becoming fluent in partner connection. We will be slowing it down and using a lot of powerful closed position moves.

**Turning up Trouble** (beginner-intermediate): Learning how to turn on your own is difficult enough; learning how to turn while being connected to another person is an entirely different animal. This class uses several different turning moves to illustrate the techniques needed for partner turns, while training each dancer to make their turns extremely sensitive and specific.

Sunday (July 25)

**Artistry in Rhythm** (intermediate): If you've ever played in a jazz band or listened carefully to a great piece of jazz music, you have probably noticed how much the musicians play around with rhythmic syncopations. When given a little bit of freedom, the percussive instruments go nuts. In this class we explain how you can use your body to accent the rhythmic layers and even create your own when none naturally exist.

**Personality and Musicality** (intermediate): Songs, much like you - the individual dancer - have a certain character to them. We will first look at the overall feel of certain songs, analyzing what sort of movement the song is requesting. Second, we will look at each of you as an individual dancer and ask what sort of personality you bring with you to the table. Allowing your personality to shine through in your dancing is most freeing step you can take in your dancing journey.

**Blues Breathing** (beginner): In its most simplistic form, blues dancing is based on nothing more than the breathing of the two dancers. Understanding and going with both you and your partners natural breathing rhythm allows for a very enjoyable and easy dance. We will use a small routine to illustrate this concept and let you evaluate our claim for yourself.

**Blues Moves** (beginner-intermediate): Blues connection has a lot of stretch and give, what many fondly referred to as "gush". In this class will teach you several of the gushiest feel-good moves in blues.

**Making it yours** (beginner-intermediate): Once you understand the connection and movement of blues, the creation of moves becomes second nature. We will give several technique tools, and then let you organically create you own signature moves.

**Awareness** (intermediate): Although primarily a blues class, this class teaches concepts that are important for every social dancer. We will explain how to become a good dance "listener" and "speaker", how to be clear with ones body language, and how to apply the concepts to one's partner dancing.

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REGISTRATION

The first price listed is the preregistration price, which must be paid by July 20. Students and off-island dancers may pay the "preregistration price" at the door (though we appreciate prepayment.) The second price listed is the drop-in price, for those who pay at the door or after July 20.

Please pay by cash, or check made out to "Andrea Gill." You may mail checks to: Andrea Gill; 95 Hoaloha Street; Hilo, HI 96720; or phone 959-8216 for other options.

We're sorry, but preregistration cannot be refunded. However, if you are unable to attend, you may send someone else in your place.

Please preregister me for Midsummer Swing with Kevin and Anna!

Name(s): \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone (day): \_\_\_\_\_ (eve): \_\_\_\_\_

Email address: \_\_\_\_\_

Blues Essentials \_\_\_\_\_ people x \$12/\$15 per person = \_\_\_\_\_

Jam Circles I \_\_\_\_\_ people x \$12/\$15 per person = \_\_\_\_\_

Jam Circles II \_\_\_\_\_ people x \$12/\$15 per person = \_\_\_\_\_

The Swingout \_\_\_\_\_ people x \$12/\$15 per person = \_\_\_\_\_  
Ten Moves to Take Home \_\_\_\_\_ people x \$12/\$15 per person = \_\_\_\_\_  
Stretching the Connection \_\_\_\_\_ people x \$12/\$15 per person = \_\_\_\_\_  
Turning up Trouble \_\_\_\_\_ people x \$12/\$15 per person = \_\_\_\_\_

Artistry in Rhythm \_\_\_\_\_ people x \$12/\$15 per person = \_\_\_\_\_  
Personality & Musicality \_\_\_\_\_ people x \$12/\$15 per person = \_\_\_\_\_  
Blues Breathing \_\_\_\_\_ people x \$12/\$15 per person = \_\_\_\_\_  
Blues Moves \_\_\_\_\_ people x \$12/\$15 per person = \_\_\_\_\_  
Making It Yours \_\_\_\_\_ people x \$12/\$15 per person = \_\_\_\_\_  
Awareness \_\_\_\_\_ people x \$12/\$15 per person = \_\_\_\_\_

OR, select 6 classes\* \_\_\_\_\_ people x \$55/\$75 per person = \_\_\_\_\_  
\*Please indicate the classes you're choosing

OR, Register for all 13 classes! \_\_\_\_\_ people x \$110/\$150 per person = \_\_\_\_\_

Total enclosed: \$ \_\_\_\_\_

#### PRIVATE LESSONS:

Privates are available by arrangement through Andie. Rates for Anna and Kevin are the same.

\$50/hour (single person)  
\$60/hour (two people)  
\$75/hour (three-four people)  
\$100/hour (five or more)